

## **Life At Sea: Sores, Scabs, and Scurvy Health Measures On Board**

1. After reading Captain Cook's health measures, what were the main things he was concerned about?
2. What was the purpose of taking antiscorbutics along on the voyage?
3. Why do sailors need clean, dry clothes? Why a cold bath?
4. What unknown organism did these explorers try to kill by washing the ship with vinegar?
5. What might happen to the water on board after a few months? Was this why Captain Cook looked for fresh water?